

Role play Asthma

Doctor

You are seeing a regular patient of yours who is in her late 40s. She has very bad asthma, which is triggered by dust, smog, smoke and pollen, as well as by any exertion. She uses two different puffers, a green one she can use up to four times a day, and an orange one that is only for serious breathing difficulties and should only be used once per day as needed.

You do monthly checks on her to make sure she doesn't need to change her medication.

- How is she doing generally
- Has anything changed since the last visit
- How often does she use her green puffer, and how often the orange
- Suggest she refrain from housework, because both the dust and exertion are bad for her

Asthma

Patient

You are in your late 40s and have had asthma for most of your adult life. You see your doctor monthly to check on how you are doing. Your asthma is triggered by dust, smoke, pollen, and smog, as well as by exertion. You use two different puffers, a green one you can use up to four times a day, and an orange one that is only for serious breathing difficulties and should only be used once per day as needed.

- In last month have been having a hard time—there is a lot of pollen, and also there has been more smog
- When you clean your apartment, you get very out of breath, have to use the orange puffer, sometimes two or three times a day
- Very important to you to keep you apt. clean and you live alone so who else can do it

Asthma

Interpreter

You are attending an appointment with a Deaf woman in her 40s who has had asthma for most of her adult life. This is her monthly check up to see how she is managing with her medication.